

NOVEMBER 20<u>2</u>5

Warren G. Harding High School



Or Spicy Chicken Sandwi Mixed Fruit Cup (1/2 cup) Potato Wedges (3/4 cup) (Chix 3 oz, WG Bun 2 oz) Baked Beans (1/2 cup) Banana (1/2 cup)

Fr. Fries (1/2 c.) Peach Cup (1/2 c) Croutons, Dressing Packet (1 oz)

(lettuce 1 c., tomatoes, ¼ c.,

carrots, ¼ c., cukes ¼ c.)

Fr. Fries (3/4 cup), Fr. Juice (1/2 c) Seasoned Green Beans (1/2 cup) Diced Pineapple Cup (1/2 cup)

Fresh Fruit Choices (1/2 cup)

Sweet Corn (1/2 cup)

Grape Juice (1/2 cup)

Dinner Roll - 2 (1 oz) w/marg

Fresh Fruit Choices (1/2 cup)

General Tso's Chicken (2 +3

Sour Cream (1 oz), Salsa (1/2 c.) Cheesy Refried Beans (1/2 cup) Fresh Fruit Choices (1/2 cup) Diced Pineapple (1/2 cup) Nacho Grande (Beef 2 oz Cheese 2 oz, Chips 2 oz) Sweet Corn (1/2 cup)

Carrots (1/2 cup), Ranch (1 oz)

Tater Tots (3/4 cup)

Sausage (2 oz)

wisyrup (1 oz) & topping:

Dutch Waffle (2 oz)

Apple/Apple Slices (1/2 cup)

Orange Juice (1/2 cup)

Salsa (1/2 cup), Chipotle Ranch Fruit Cup (1/2 cup), Apple Seasoned Rice (1/2 cup) Black Beans (1/2 cup) Sweet Corn (1/2 cup)

Southwest Chix Burrito B Sour Cream (1 oz)

Fresh Fruit Choices (1/2 cup)

Spaghetti Sauce (1/2 cup

Pizza Dippers (4 oz)

Vegetable Blend (1/2 cup) Potato Wedges (3/4 cup)

Dole Fruit Cup (1/2 cup)

WG Dinner Roll (1 oz) w/marg Cheesy Potatoes (1/2 cup) Chicken Tenders (4 oz) 25 Diced Peaches (1/2 c) Tender Peas (1/2 cup)

Fresh Fruit Choices (1/2 cup) Garlic Green Beans (1/2 cup)

Dole Fruit Cup (1/2 cup)

Fruit Snack (1 oz)

Fresh Fruit Choices (1/2 cup)

Or Pepp. Pizza (5.5 oz ed

Tony's Cheese

French Fries (3/4 cup)

Fr. Fries (1/2 c.) Peach Cup (1/2 c) Croutons, Dressing Packet (1 oz) Fresh Fruit Choices (1/2 cup) Cocca's Pepp. Pizza (6 or | 2 lettuce 1 c., tomatoes, ¼ c., carrots, 1/4 c., cukes 1/4 c.) Garden Salad (1 % cup)

Fr. Fries (1/2 c.) Peach Cup (1/2 c) Croutons, Dressing Packet (1 oz) Fresh Fruit Choices (1/2 cup) lettuce 1 c., tomatoes, ¼ c., carrots, 1/4 c., cukes 1/4 c.) Garden Salad (1 1/4 cup) Pizza Bar (6 oz) 19

> furkey Gravy (4 oz), WG Stuffing 20 Combread loaf (2 oz) wimarg Annie's Grahams (1 oz) Seasoned Greens (1/2 cup) Mashed Potatoes (1/2 cup) Sweet Potatoes (1/2 cup) Applesauce (1/2 cup)

Cranberry Sauce (1/4 cup)

Seasoned Green Beans (1/2 cup) (Chix 2.7 oz, W/G Bun 2 d Smart Snack Cookie (1 oz) Mixed Fruit Cup (1/2 cup) Chicken Patty Sandwich Waffle Fries (3/4 cup Fresh Fruit (1/2 cup)

Mandarin Oranges (1/2 cup) Carrots & Broccoli (1 cup) Steamed Rice (1/2 cup)

Fruit Juice (1/2 cup)

Fortune Cookie

Diced Strawberry Cup (1/2 cup) (Beef Patty 3 oz, Cheese Fresh Fruit Choices (1/2 cup) Garfic Green Beans (1/2 cup) Fr. Fries (3/4 cup) W/G Bun 2 oz) Cheeseburger



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