Warren G. Harding High School

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Patty Sandwich Or Spicy Chicken Sandwich (Chix 3 oz, WG Bun 2 oz) Potato Wedges (3/4 cup) Baked Beans (1/2 cup) Mixed Fruit Cup (1/2 cup)

Banana (1/2 cup)

Dutch Waffle (2 oz)

w/syrup (1 oz) & toppings

Sausage (2 oz)

Tater Tots (3/4 cup)

Carrots (1/2 cup), Ranch (1 oz)

Apple/Apple Slices (1/2 cup)

Orange Juice (1/2 cup)

Pizza Dippers (4 oz)

Spaghetti Sauce (1/2 cup)

Potato Wedges (3/4 cup)

Vegetable Blend (1/2 cup)

Dole Fruit Cup (1/2 cup)

Fresh Fruit Choices (1/2 cup)

Chicken Patty Sandwich

Rodeo Cheeseburger (Beef Patty 3 oz, Cheese .5 oz, Onion Rings 1 oz, W/G Bun) Fr. Fries (3/4 cup), Fr. Juice (1/2 c) Seasoned Green Beans (1/2 cup) Diced Pineapple Cup (1/2 cup)

Penne Pasta w/meatballs (6 oz) Carrots/Celery (1/2 c),Ranch (1 oz) Italian Blend Veggies (1/2 cup) Diced Peach Cup (1/2 cup) Watermelon (1/2 cup) Fruit Snack (1 oz)

Meatball Sub Sandwich w/mozz cheese Seasoned Green Beans (1/2 c) Carrots (1/2 cup) Ranch (1 oz) Orange Wedges (1/2 cup) Mixed Fruit Cup (1/2 cup) Smart Snack Cookie (1 oz)

Chicken Burrito (6 oz) (Chix 2 oz, Cheese 2 oz, 28 Tortilla 2 oz) Salsa (1/2 cup), Sour Cr (1 oz) Cilantro Lime Rice (1/2 cup) Sweet Corn (1/2 cup) Mandarin Orange Cup (1/2 cup) Fruit Juice (1/2 cup)

Pizza Hut Pepp Pizza (6 oz) Garden Salad (1 1/4 cup) (lettuce 1 c., tomatoes, 1/4 c., carrots, ¼ c., cukes ¼ c.) Croutons, Dressing Packet (1 oz) Fr. Fries (1/2 c.) Peach Cup (1/2 c) Fresh Fruit Choices (1/2 cup)

Cocca's Pepp. Pizza (6 oz) Garden Salad (1 1/4 cup) (lettuce 1 c., tomatoes, 1/4 c., carrots, ¼ c., cukes ¼ c.) Croutons, Dressing Packet (1 oz) Fr. Fries (1/2 c.) Peach Cup (1/2 c) Fresh Fruit Choices (1/2 cup)

Pizza Bar (6 oz) Garden Salad (1 1/4 cup) (lettuce 1 c., tomatoes, 1/4 c., carrots, ¼ c., cukes ¼ c.) Croutons, Dressing Packet (1 oz) Fr. Fries (1/2 c.) Peach Cup (1/2 c) Fresh Fruit Choices (1/2 cup)

Papa John's Pepp Pizza (6 oz) Garden Salad (1 1/4 cup) (lettuce 1 c., tomatoes, 1/4 c., carrots, ¼ c., cukes ¼ c.) Croutons, Dressing Packet (1 oz) Fr. Fries (1/2 c.) Peach Cup (1/2 c) Fresh Fruit Choices (1/2 cup)

Tonv's Pizza or D'Urso Pepp Roll Garden Salad (1 ¼ cup) (lettuce 1 c., tomatoes, 1/4 c., carrots, ¼ c., cukes ¼ c.) Croutons, Dressing Packet (1 oz) Fr. Fries (1/2 c.) Peach Cup (1/2 c) Fresh Fruit Choices (1/2 cup)

General Tso's Chicken (2 oz) Steamed Rice (1/2 cup) Carrots & Broccoli (1 cup) Mandarin Oranges (1/2 cup) Fruit Juice (1/2 cup) **Fortune Cookie** Annie's Grahams (1 oz)

Southwest Chix Burrito Bowl Seasoned Rice (1/2 cup) Salsa (1/2 cup), Chipotle Ranch Black Beans (1/2 cup) Sweet Corn (1/2 cup) Fruit Cup (1/2 cup), Apple Sour Cream (1 oz)

Grilled Cheese (Cheese 2 oz. WG Bread 2 oz) Tomato Soup (1/2 cup) Goldfish Crackers (.75 oz) Seasoned Green Beans (1/2 cup) Orange Wedges (1/2 cup) Mixed Fruit (1/2 cup)

BBQ Rib Sandwich Or BBQ Pork Sandwich Bacon/Cheese Loaded Potatoes (1/2 c) Pasta Salad (1/2 cup) Baked Beans (1/2 cup) Fresh Fruit Choices (1/2 cup) Mandarin Oranges (1/2 cup)

(Beef Patty 3 oz, Cheese .5 oz, W/G Bun 2 oz) Fr. Fries (3/4 cup) Garlic Green Beans (1/2 cup) Diced Strawberry Cup (1/2 cup) Fresh Fruit Choices (1/2 cup)

Nacho Grande (Beef 2 oz, Cheese 2 oz, Chips 2 oz Sweet Corn (1/2 cup) Cheesy Refried Beans (1/2 cup) Sour Cream (1 oz), Salsa (1/2 c.) Diced Pineapple (1/2 cup) Fresh Fruit Choices (1/2 cup)

> No School **NEOEA Day**



Chicken Tenders (4 oz) Mashed Potatoes (1/2 c.) Gravy (1/8 cup) Dinner Roll - 2 (1 oz) w/marg BBQ Baked Beans (1/2 cup) Fresh Fruit Choices (1/2 cup) Grape Juice (1/2 cup)

Mashed Potato Bowl Popcorn Chix (2 oz) Mashed Potatoes (1/2 cup) Dinner Roll (1 oz) w/marg Sweet Corn (1/2 cup) Dole Fruit Cup (1/2 cup) Fruit Juice (1/2 cup)

Nacho Grande (Beef 2 oz, Cheese 2 oz, Chips 2 oz) Sweet Corn (1/2 cup) Cheesy Refried Beans (1/2 cup) Sour Cream (1 oz), Salsa (1/2 c.) Diced Pineapple (1/2 cup) Fresh Fruit Choices (1/2 cup) Halloween Cookie (1 oz)

Seasoned Green Beans (1/2 cup) Fresh Fruit (1/2 cup) Mixed Fruit Cup (1/2 cup) Smart Snack Cookie (1 oz)

(Chix 2.7 oz, W/G Bun 2 oz)

Waffle Fries (3/4 cup)