BREAKFAST

# NOVEMBER 2026
## Breakfast

*8 Oz Variety Milk Served with Meals*

*Menu Subject to Change*

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2**<br>Muffin (3 oz)<br>Fruit Cup (1/2 cup)<br>Orange Juice (4 oz)<br>Milk (8 oz) | **3**<br>Donut Holes (3 oz)<br>Raisins (1.5 oz)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **4**<br>CinniMinis (2 oz)<br>Grahams (1 oz)<br>Applesauce (1/2 cup)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **5**<br>Cereal Bar or Cereal (1-2 oz)<br>Grahams (1 oz)<br>Raisins (1.5 oz)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **6**<br>Cinnamon Roll (3 oz)<br>Banana (1/2 cup)<br>Orange Juice (4 oz)<br>Milk (8 oz) |
| **9**<br>Apple Cider Donut (2 oz)<br>Grahams (1 oz)<br>Fruit Cup (1/2 cup)<br>Orange Juice (4 oz)<br>Milk (8 oz) | **10**<br>Cereal Bar or Cereal (1-2 oz)<br>Grahams (1 oz)<br>Raisins (1.5 oz)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **11**<br>Sausage, Egg, Cheese Sandwich (5 oz)<br>Applesauce Cup (1/2 cup)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **12**<br>Pop Tart (1.7 oz)<br>Grahams (1 oz)<br>Fruit Cup (1/2 cup)<br>Orange Juice (4 oz)<br>Milk (8 oz) | **13**<br>Frudels (2.2 oz)<br>Grahams (1 oz)<br>Apple Slices (1/2 cup)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) |
| **16**<br>Rice Krispy Treat (1.4 oz)<br>Grahams (1 oz)<br>Pineapple Cup (1/2 cup)<br>Orange Juice (4 oz)<br>Milk (8 oz) | **17**<br>Apple Fritter (3 oz)<br>Raisins (1.5 oz)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **18**<br>Mini Pancakes (3 oz)<br>Applesauce Cup (1/2 cup)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **19**<br>Cereal Bar or Cereal (1-2 oz)<br>Grahams (1 oz)<br>Raisins (1.5 oz)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **20**<br>CinniMinis (2 oz)<br>Grahams (1 oz)<br>Banana (1/2 cup)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) |
| **23**<br>Dunkin Stix (3.25 oz)<br>Grahams (1 oz)<br>Fruit Cup (1/2 cup)<br>Orange Juice (4 oz)<br>Milk (8 oz) | **24**<br>Cereal Bar or Cereal (1-2 oz)<br>Grahams (1 oz)<br>Raisins (1.5 oz)<br>Orange Juice (1/2 cup)<br>Milk (8 oz) | **25**<br> | **26**<br> | **27**<br> |
| **30**<br>Donut/Donut Bites (1.5 oz)<br>Grahams (1 oz)<br>Peach Cup (1/2 cup)<br>Orange Juice (4 oz)<br>Milk (8 oz) | | | | |



USDA is an equal opportunity provider, employer and lender.

*Adult Breakfast Price - $3.00*

LUNCH

# NOVEMBER 2026

## Warren G. Harding High School

*8 oz Variety Milk Served w/Meals*

*Menu Subject to Change*

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2**<br>Chicken Patty Sandwich<br>Or Spicy Chicken Sandwich<br>(Chix 3 oz, WG Bun 2 oz)<br>Potato Wedges (3/4 cup)<br>Baked Beans (1/2 cup)<br>Mixed Fruit Cup (1/2 cup)<br>Banana (1/2 cup) | **3**<br>Pizza Crunchers (4 oz)<br>Spaghetti Sauce (1/4 cup)<br>Fresh Veggie Medley (1/2 cup)<br>Ranch Cup (1 oz), Peach cup (1/2 c)<br>French Fries (3/4 cup)<br>Fresh Fruit Choices (1/2 cup)<br>*Chicken Noodle Soup* | **4**<br>Pizza Hut (6 oz)<br>Garden Salad (1 ¼ cup)<br>(lettuce 1 c., tomatoes, ¼ c.,<br>carrots, ¼ c., cukes ¼ c.)<br>Croutons, Dressing Packet (1 oz)<br>Fr. Fries (1/2 c.) Mixed Fruit (1/2 c)<br>Fresh Fruit Choices (1/2 cup) | **5**<br>General Tso's Chicken (3 oz)<br>Or Orange Chicken (3 oz)<br>Fried Rice (1/2 cup)<br>Carrots & Broccoli (1 cup)<br>Mandarin Oranges (1/2 cup)<br>Fruit Juice (1/2 cup)<br>Fortune Cookie<br>Bunny Grahams (1.25 oz) | **6**<br>Walking Taco (Beef 2 oz,<br>Cheese 2 oz, Chips 2 oz)<br>Sweet Corn (1/2 cup)<br>Cheesy Refried Beans (1/2 cup)<br>Sour Cream (1 oz), Salsa (1/2 c.)<br>Diced Pineapple (1/2 cup)<br>Fresh Fruit Choices (1/2 cup) |
| **9**<br>Cheeseburger w/Pickles<br>(Beef Patty 3 oz, Cheese .5 oz,<br>W/G Bun 2 oz)<br>Fr. Fries (3/4 cup)<br>Baked Beans (1/2 cup)<br>Dole Fruit Cup (1/2 cup)<br>Fresh Fruit Choices (1/2 cup) | **10**<br>Cheesy Spaghetti<br>w/meatballs (Pasta 2 oz, Meat 2 oz,<br>Sauce 2 oz, Mozz Cheese .25 oz)<br>Carrots/Celery (1/2 c),Ranch (1 oz)<br>Italian Blend Veggies (1/2 cup)<br>Peach Cup (1/2 cup)<br>Fresh Fruit Choices (1/2 cup)<br>Fruit Snack (1 oz) | **11**<br>Pizza Joes (6 oz)<br>Garden Salad (1 ¼ cup)<br>(lettuce 1 c., tomatoes, ¼ c.,<br>carrots, ¼ c., cukes ¼ c.)<br>Croutons, Dressing Packet (1 oz)<br>Fr. Fries (1/2 c.) Mixed Fruit (1/2 c)<br>Fresh Fruit Choices (1/2 cup) | **12**<br>Chicken Philly Sandwich<br>(Chix 3 oz, Mozz Cheese 1 oz,<br>WG Bun 2 oz)<br>Peppers/Onions (2 oz)<br>Fr. Fries (3/4 cup)<br>Fruit Slushie (1/2 cup)<br>Fresh Fruit Choices (1/2 cup) | **13**<br>Boneless Breaded Chicken Wings<br>w/sauce selections (3 oz)<br>Dinner Roll (1 oz) w/marg<br>Parsley Potatoes (1/2 cup)<br>Sweet Corn (1/2 cup)<br>Orange Wedges (1/2 cup)<br>Fruit Juice (1/2 cup) |
| **16**<br>Chicken Patty Sandwich<br>(Chix 2.7 oz, W/G Bun 2 oz)<br>Waffle Fries (3/4 cup)<br>Seasoned Green Beans (1/2 cup)<br>Fresh Fruit (1/2 cup)<br>Mixed Fruit Cup (1/2 cup)<br>Smart Snack Cookie (1 oz) | **17**<br>Southwest Chix Burrito Bowl<br>(Chix 2 oz, Cheese 1 oz)<br>Cilantro Lime Rice (1/2 Cup)<br>Sweet Corn (1/2 c) Chip Ranch<br>Black Beans (1/2 c)<br>Salsa (1/2 cup), Sour Cream (1 oz)<br>Apple/Apple Slices (1/2 cup)<br>Grape Juice (1/2 cup) | **18**<br>Cocca's Pepp Pizza (6 oz)<br>Garden Salad (1 ¼ cup)<br>(lettuce 1 c., tomatoes, ¼ c.,<br>carrots, ¼ c., cukes ¼ c.)<br>Croutons, Dressing Packet (1 oz)<br>Fr. Fries (1/2 c.) Peach Cup (1/2 c)<br>Fresh Fruit Choices (1/2 cup) | **19**<br>Turkey Gravy (4 oz), WG Stuffing (2 oz)<br>Mashed Potatoes (1/2 cup)<br>Seasoned Greens (1/2 cup)<br>Sweet Potatoes (1/2 cup)<br>Cornbread loaf (2 oz) w/marg<br>Applesauce (1/2 cup)<br>Cranberry Sauce (1/4 cup)<br>Pie Selections | **20**<br>Tony's Cheese<br>Or Pepp. Pizza (5.5 oz ea)<br>Italian Blend Veggies (1/2 cup)<br>Potato Wedges (1/2 cup)<br>Fresh Fruit Choices (1/2 cup)<br>Diced Peaches (1/2 cup)<br>Rice Krispy Treat (1 oz) |
| **23**<br>Chicken Tenders (4 oz)<br>Cheesy Potatoes (1/2 c.)<br>Dinner Roll – 2 (1 oz) w/marg<br>Glazed Carrots (1/2 cup)<br>Banana (1/2 cup)<br>Fruit Juice (1/2 cup) | **24**<br>Chicken & Belgian Waffle<br>(Chix Tenders 2 oz, Waffle (2.2 oz)<br>Oven Roasted Potatoes (1/2 cup)<br>Carrots (1/2 cup), Ranch (1 oz)<br>Fresh Fruit Choices (1/2 cup)<br>Fruit Juice (1/2 cup)<br>Syrup (1 oz) | **25**<br> | **26**<br> | **27**<br> |
| **30**<br>Pizza Dippers (4 oz)<br>Spaghetti Sauce (1/4 cup)<br>Fresh Veggie Medley (1/2 cup)<br>Ranch Cup (1 oz)<br>French Fries (3/4 cup)<br>Fresh Fruit Choices (1/2 cup)<br>Applesauce (1/2 cup) | | | | |

**USDA is an equal opportunity provider, employer and lender.**

*Daily Lunch Entrees Include*
*Sub Sandwich, Yogurt Parfait, Chef Salad*
*Peanut Butter/Jellyl Sandwich, Chicken Sandwich*

*Adult Lunch Price - $5.00*

LUNCH

# NOVEMBER 2026

## Pre-School @ Warren G. Harding High School

8 oz Variety Milk Served w/Meals

Menu Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2**<br>Chicken Patty Sandwich<br>(Chix 3 oz, WG Bun 2 oz)<br>Potato Wedges (1/4 cup)<br>Baked Beans (1/2 cup)<br>Banana (1/2 cup)<br>Mayo (12 gm), Ketchup (12 gm) | **3**<br>Pizza Crunchers (4 oz)<br>Spaghetti Sauce (1/4 cup)<br>Fresh Veggie Medley (1/2 cup)<br>Ranch Cup (1 oz)<br>Peach cup (1/2 c) | **4**<br>Pizza Hut (4 oz)<br>Garden Salad (1 cup)<br>(lettuce 1 c., tomatoes, ¼ c., carrots, ¼ c.)<br>Dressing Packet (1 oz)<br>Mixed Fruit (1/2 c) | **5**<br>General Tso's Chicken (2 oz)<br>Fried Rice (1/4 cup)<br>Carrots & Broccoli (1 cup)<br>Mandarin Oranges (1/2 cup)<br>Bunny Grahams (1.25 oz) | **6**<br>Walking Taco (Beef 1.5 oz, Cheese 1.5 oz, Chips 2 oz)<br>Sweet Corn (1/2 cup)<br>Salsa (1/2 c.)<br>Diced Pineapple (1/2 cup)<br>Taco Sauce (12 gm) |
| **9**<br>Cheeseburger<br>(Beef Patty 3 oz, Cheese .5 oz, W/G Bun 2 oz)<br>Baked Beans (1/2 cup)<br>Dole Fruit Cup (1/2 cup)<br>Ketchup (12 gm)<br>Mustard (5 gm) | **10**<br>Cheesy Spaghetti w/meatballs (Pasta 1.5 oz, Meat 1.5 oz, Sauce ¼ c., Mozz Cheese .25 oz)<br>Italian Blend Veggies (1/2 cup)<br>Peach Cup (1/2 cup) | **11**<br>Pizza Joes (4 oz)<br>Garden Salad (1 cup)<br>(lettuce 1 c., tomatoes, ¼ c., carrots, ¼ c.)<br>Dressing Packet (1 oz)<br>Mixed Fruit (1/2 c) | **12**<br>Chicken Philly Sandwich<br>(Chix 3 oz, Mozz Cheese 1 oz, WG Bun 2 oz)<br>Potato Wedges (1/4 cup)<br>Apple Slices (1/2 cup)<br>Mayo (12 gm), Ketchup (12 gm) | **13**<br>Boneless Breaded Chicken Wings (2 oz)<br>Dinner Roll (1 oz) w/marg<br>Sweet Corn (1/2 cup)<br>Orange Wedges (1/2 cup)<br>BBQ Sauce (1 oz) |
| **16**<br>Chicken Patty Sandwich<br>(Chix 2.7 oz, W/G Bun 2 oz)<br>Seasoned Green Beans (1/2 cup)<br>Mixed Fruit Cup (1/2 cup)<br>Smart Snack Cookie (1 oz)<br>Mayo (12 gm), Ketchup (12 gm) | **17**<br>Cocca's Pepp Pizza (4 oz)<br>Garden Salad (1 cup)<br>(lettuce 1 c., tomatoes, ¼ c., carrots, ¼ c.)<br>Dressing Packet (1 oz)<br>Peach Cup (1/2 c) | **18**<br>Turkey & Cheese Sandwich<br>(Turkey 1.5 oz, Cheese .5 oz, WG Bun 2 oz)<br>Carrots (1/2 cup), Ranch (1 oz)<br>Dole Fruit Cup (1/2 cup)<br>Ketchup (12 gm)<br>Mustard (5 gm) | **19**<br>Turkey Gravy (4 oz), WG Stuffing (2 oz)<br>Mashed Potatoes (1/2 cup)<br>Sweet Potatoes (1/4 cup)<br>Cornbread loaf (2 oz) w/marg<br>Applesauce (1/2 cup)<br>Cranberry Sauce (1/4 cup)<br>Pumpkin Pie (2 oz) | **20**<br>Tony's Cheese Pizza<br>(5.5 oz ea)<br>Italian Blend Veggies (1/4 cup)<br>Potato Wedges (1/4 cup)<br>Diced Peaches (1/2 cup)<br>Rice Krispy Treat (1 oz) |
| **23**<br>Chicken & Belgian Waffle<br>(Chix Tenders 2 oz, Waffle (2.2 oz)<br>Carrots (1/2 cup), Ranch (1 oz)<br>Mandarin Oranges (1/2 cup)<br>Syrup (1 oz)<br>Ranch (1 oz) | **24**<br>Nacho Grande (Beef 2 oz, Cheese 2 oz, Chips 2 oz)<br>Sweet Corn (1/2 cup)<br>Cheesy Refried Beans (1/2 cup)<br>Sour Cream (1 oz), Salsa (1/2 c.)<br>Diced Pineapple (1/2 cup)<br>Fresh Fruit Choices (1/2 cup) | **25**<br> | **26**<br> | **27**<br> |
| **30**<br>Hot Ham & Cheese Sandwich<br>(Ham 1.5 oz, Cheese .5 oz, WG Bun 2 oz)<br>Sweet Corn (1/2 cup)<br>Applesauce (1/2 cup)<br>Ketchup (12 gm), Mustard (5 gm) | | | | |

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