



# **SEPTEMBER 2025**

Warren G. Harding High School

8 oz Variety Milk Served w/Meals

Adult Lunch - \$5.00

## Monday



Dutch Waffle (2 oz)
w/syrup (1 oz) & toppings
Sausage (2 oz)
Tater Tots (3/4 cup)
Carrots (1/2 cup), Ranch (1 oz)
Apple/Apple Slices (1/2 cup)
Orange Juice (1/2 cup)

Pizza Dippers (4 oz)
Spaghetti Sauce (1/2 cup)
Potato Wedges (3/4 cup)
Mixed Vegetables (1/2 cup)
Dole Fruit Cup (1/2 cup)
Fresh Fruit Choices (1/2 cup)

Chicken Patty Sandwich (Chix 2.7 oz, W/G Bun 2 oz) Waffle Fries (3/4 cup) Seasoned Green Beans (1/2 cup) Fresh Fruit (1/2 cup) Mixed Fruit Cup (1/2 cup) Smart Snack Cookie (1 oz)

Pizza Crunchers (4 oz)
Marinara Sauce (1/4 cup)
Fresh Veggie Medley (1/2 cup)
Ranch Cup (1 oz)
French Fries (3/4 cup)
Fresh Fruit Choices (1/2 cup)
Peach Cup (1/2 cup)

## **Tuesday**

Chicken Patty Sandwich
Or Spicy Chicken Sandwich
(Chix 3 oz, WG Bun 2 oz)
Potato Wedges (3/4 cup)
Baked Beans (1/2 cup)
Mixed Fruit Cup (1/2 cup)
Banana (1/2 cup)

Cheesy Spaghetti
w/meatballs (6 oz)
Carrots/Celery (1/2 c),Ranch (1 oz)
Italian Blend Veggies (1/2 cup)
Diced Peach Cup (1/2 cup)
Watermelon (1/2 cup)
Fruit Snack (1 oz)

Chicken Tenders (4 oz)
Cheesy Potatoes (1/2 c.)
Dinner Roll – 2 (1 oz) w/marg
Glazed Carrots (1/2 cup)
Banana (1/2 cup)
Fruit Juice (1/2 cup)

Chicken Burrito (6 oz)
(Chix 2 oz, Cheese 2 oz,
Tortilla 2 oz)
Salsa (1/2 cup), Sour Cr (1 oz)
Cilantro Lime Rice (1/2 cup)
Sweet Corn (1/2 cup)
Apple Crisp (1/2 cup)
Fruit Juice (1/2 cup)

Chicken Tenders (4 oz)
Waffle (2 oz)
Syrup (1 oz)
Tater Tots (3/4 cup)
Carrots (1/2 cup), Ranch (1 oz)
Apple/Apple Slices (1/2 cup)
Grape Juice (1/2 cup)

# Wednesday

Papa John's Pepp Pizza (6 Garden Salad (1 ¼ cup) (lettuce 1 c., tomatoes, ¼ c., carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Peach Cup (1/2 c)
Fresh Fruit Choices (1/2 cup)

Pizza Bar (6 oz)
Garden Salad (1 ¼ cup)
(lettuce 1 c., tomatoes, ¼ c.,
carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Peach Cup (1/2 c)
Fresh Fruit Choices (1/2 cup)

Waiver Day No School



Pizza Bar (6 oz)
Garden Salad (1 ¼ cup)
(lettuce 1 c., tomatoes, ¼ c.,
carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Mixed Fruit (1/2 c)
Fresh Fruit Choices (1/2 cup)

### **Thursday**

General Tso's Chicken (2 oz)
Steamed Rice (1/2 cup)
Carrots & Broccoli (1 cup)
Mandarin Oranges (1/2 cup)
Fruit Juice (1/2 cup)
Fortune Cookie
Annie's Grahams (1 oz)

Cheeseburger
(Beef Patty 3 oz, Cheese .5 oz,
W/G Bun 2 oz)
Fr. Fries (3/4 cup)
Garlic Green Beans (1/2 cup)
Diced Strawberry Cup (1/2 cup)
Fresh Fruit Choices (1/2 cup)

BBQ Rib Sandwich
Or BBQ Pork Sandwich
Bacon/Cheese Loaded Potatoes (1/2 c)
Pasta Salad (1/2 cup)
Baked Beans (1/2 cup)
Fresh Fruit Choices (1/2 cup)
Mandarin Oranges (1/2 cup)

All Beef Hot Dog (4 oz)
(Hot Dog 2 oz, WG Bun 2 oz)
or Corn Dog (5 oz)
Potato Wedges (3/4 cup)
Baked Beans (1/2 cup)
Applesauce (1/2 cup)
Orange Wedges (1/2 cup)
Smart Snack Chips (1 oz)

### Friday

Tony's Cheese or
Pepperoni Pizza (5.5 oz)
French Fries (3/4 cup)
Garlic Green Beans (1/2 cup)
Fresh Fruit Choices (1/2 cup)
Dole Fruit Cup (1/2 cup)

Nacho Grande (Beef 2 oz Cheese 2 oz, Chips 2 oz Sweet Corn (1/2 cup) Cheesy Refried Beans (1/2 cup) Sour Cream (1 oz), Salsa (1/2 c.) Diced Pineapple (1/2 cup) Fresh Fruit Choices (1/2 cup)

Meatball Sub Sandwich
w/mozz cheese
Seasoned Green Beans (1/2 c)
Carrots (1/2 cup) Ranch (1 oz)
Orange Wedges (1/2 cup)
Mixed Fruit Cup (1/2 cup)
Smart Snack Cookie (1 oz)

Mashed Potato Bowl
Popcorn Chix (2 oz)

Mashed Potatoes (1/2 cup)

Dinner Roll (1 oz) w/marg

Sweet Corn (1/2 cup)

Dole Fruit Cup (1/2 cup)

Fruit Juice (1/2 cup)

Daily Lunch Entrees include Sub Sandwich, Yogurt Parfait, Chef Salad, Peanut Butter/Jelly Sandwich