

OCTOBER 2025

Warren G. Harding High School

8 oz Variety Milk Served w/Meals

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Lunch Entrees include Sub Sandwich, Yoguri Parfait, Chair Sall, de Peanut Builten Jenly Sandwich Pizza Hut Pepp Pizza (6 oz)
Garden Salad (1 ¼ cup)
(lettuce 1 c., tomatoes, ¼ c.,
carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Peach Cup (1/2 c)
Fresh Fruit Choices (1/2 cup)

General Tso's Chicken (2 oz)
Steamed Rice (1/2 cup)
Carrots & Broccoli (1 cup)
Mandarin Oranges (1/2 cup)
Fruit Juice (1/2 cup)
Fortune Cookie
Annie's Grahams (1 oz)

Nacho Grande (Beef 2 oz, 3 Cheese 2 oz, Chips 2 oz) Sweet Corn (1/2 cup) Cheesy Refried Beans (1/2 cup) Sour Cream (1 oz), Salsa (1/2 c.) Diced Pineapple (1/2 cup) Fresh Fruit Choices (1/2 cup)

Chicken Patty Sandwich Or Spicy Chicken Sandwich (Chix 3 oz, WG Bun 2 oz) Potato Wedges (3/4 cup) Baked Beans (1/2 cup) Mixed Fruit Cup (1/2 cup) Banana (1/2 cup)

Rodeo Cheeseburger
(Beef Patty 3 oz, Cheese .5 oz,
Onion Rings 1 oz, W/G Bun)
Fr. Fries (3/4 cup), Fr. Juice (1/2 c)
Seasoned Green Beans (1/2 cup)
Diced Pineapple Cup (1/2 cup)

Cocca's Pepp. Pizza (6 oz)
Garden Salad (1 ¼ cup)
(lettuce 1 c., tomatoes, ¼ c.,
carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Peach Cup (1/2 c)
Fresh Fruit Choices (1/2 cup)

Southwest Chix Burrito Bowl Seasoned Rice (1/2 cup) Salsa (1/2 cup), Chipotle Ranch Black Beans (1/2 cup) Sweet Corn (1/2 cup) Fruit Cup (1/2 cup), Apple Sour Cream (1 oz)

No School NEOEA Day

Dutch Waffle (2 oz)
w/syrup (1 oz) & toppings
Sausage (2 oz)
Tater Tots (3/4 cup)
Carrots (1/2 cup), Ranch (1 oz)
Apple/Apple Slices (1/2 cup)
Orange Juice (1/2 cup)

Penne Pasta
w/meatballs (6 oz)
Carrots/Celery (1/2 c),Ranch (1 oz)
Italian Blend Veggies (1/2 cup)
Diced Peach Cup (1/2 cup)
Watermelon (1/2 cup)
Fruit Snack (1 oz)

Pizza Bar (6 oz)
Garden Salad (1 ¼ cup)
(lettuce 1 c., tomatoes, ¼ c.,
carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Peach Cup (1/2 c)
Fresh Fruit Choices (1/2 cup)

Grilled Cheese (Cheese 2 oz, 6 WG Bread 2 oz)
Tomato Soup (1/2 cup)
Goldfish Crackers (.75 oz)
Seasoned Green Beans (1/2 cup)
Orange Wedges (1/2 cup)
Mixed Fruit (1/2 cup)

Chicken Tenders (4 oz)
Mashed Potatoes (1/2 c.)
Gravy (1/8 cup)
Dinner Roll – 2 (1 oz) w/marg
BBQ Baked Beans (1/2 cup)
Fresh Fruit Choices (1/2 cup)
Grape Juice (1/2 cup)

Pizza Dippers (4 oz)
Spaghetti Sauce (1/2 cup)
Potato Wedges (3/4 cup)
Vegetable Blend (1/2 cup)
Dole Fruit Cup (1/2 cup)
Fresh Fruit Choices (1/2 cup)

Meatball Sub Sandwich
w/mozz cheese
Seasoned Green Beans (1/2 c)
Carrots (1/2 cup) Ranch (1 oz)
Orange Wedges (1/2 cup)
Mixed Fruit Cup (1/2 cup)
Smart Snack Cookie (1 oz)

Papa John's Pepp Pizza (6 oz)
Garden Salad (1 ¼ cup)
(lettuce 1 c., tomatoes, ¼ c.,
carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Peach Cup (1/2 c)
Fresh Fruit Choices (1/2 cup)

BBQ Rib Sandwich
Or BBQ Pork Sandwich
Bacon/Cheese Loaded Potatoes (1/2 c)
Pasta Salad (1/2 cup)
Baked Beans (1/2 cup)
Fresh Fruit Choices (1/2 cup)
Mandarin Oranges (1/2 cup)

Mashed Potato Bowl
Popcorn Chix (2 oz)

Mashed Potatoes (1/2 cup)

Dinner Roll (1 oz) w/marg
Sweet Corn (1/2 cup)

Dole Fruit Cup (1/2 cup)

Fruit Juice (1/2 cup)

Chicken Patty Sandwich
(Chix 2.7 oz, W/G Bun 2 oz)
Waffle Fries (3/4 cup)
Seasoned Green Beans (1/2 cup)
Fresh Fruit (1/2 cup)
Mixed Fruit Cup (1/2 cup)
Smart Snack Cookie (1 oz)

Chicken Burrito (6 oz)
(Chix 2 oz, Cheese 2 oz,
Tortilla 2 oz)
Salsa (1/2 cup), Sour Cr (1 oz)
Cilantro Lime Rice (1/2 cup)
Sweet Corn (1/2 cup)
Mandarin Orange Cup (1/2 cup)
Fruit Juice (1/2 cup)

Tony's Pizza
or D'Urso Pepp Roll
Garden Salad (1 ¼ cup)
(lettuce 1 c., tomatoes, ¼ c.,
carrots, ¼ c., cukes ¼ c.)
Croutons, Dressing Packet (1 oz)
Fr. Fries (1/2 c.) Peach Cup (1/2 c)
Fresh Fruit Choices (1/2 cup)

Cheeseburger
(Beef Patty 3 oz, Cheese .5 oz,
W/G Bun 2 oz)
Fr. Fries (3/4 cup)
Garlic Green Beans (1/2 cup)
Diced Strawberry Cup (1/2 cup)
Fresh Fruit Choices (1/2 cup)

Nacho Grande (Beef 2 oz.)
Cheese 2 oz, Chips 2 oz.)
Sweet Corn (1/2 cup)
Cheesy Refried Beans (1/2 cup)
Sour Cream (1 oz), Salsa (1/2 c.)
Diced Pineapple (1/2 cup)
Fresh Fruit Choices (1/2 cup)
Halloween Cookie (1 oz.)