



SWIMMING LESSONS FOR ALMOST EVERYONE

AGES 3 THRU 14 YEARS *



CHECK WITH COORDINATOR FOR AGE EXCEPTIONS AND SPECIAL NEEDS PARTICIPANTS

YOUR CHILD CAN "MAKE A SPLASH" IN OUR SUMMER 2024 PROGRAM

★ REGISTER NOW ★ ★ SUMMER SESSIONS \$45 PER CHILD PER SESSION. ★ + ★ \$5 ERD-SAVINGS AVAILABLE ★

★ REGISTER & PAY EARLY FOR THE "EARLY REGISTRATION SAVINGS" ★

\$5 DISCOUNT PER CHILD FOR EACH SESSION, IF WE RECEIVE YOUR REGISTRATION & PAYMENT ON OR BEFORE THE DATE INDICATED "ERD."
(SEE PROGRAM & ERD DATES BELOW.)

★ 3-STEP REGISTRATION PROCESS ★

SPOTS FILL ON A FIRST COME FIRST FILL BASIS. SOME CLASSES TEND TO FILL QUICKLY. FOLLOW THE STEPS BELOW TO REGISTER. **REGISTER EARLY! DON'T BE DISAPPOINTED!**

1. PRE-REGISTRATION: BEGINS 4-15-2024

- a. **COMPLETE & SIGN:** A 2024 SUMMER REGISTRATION FORM FOR EACH CHILD. (PAGE 4 OF THIS FLYER)
- b. **ATTACH THE FORM TO A NEW EMAIL & SEND TO:** JAY.ROSENTHAL@REDCROSS.ORG
- c. **SUBJECT:** SWIM REGISTRATION
- d. **IF YOU HAVE ANY QUESTIONS:** CALL 330-883-0821 BEFORE COMPLETING THIS STEP.

2. CONFIRMATION OF PRE-REGISTRATION:

- a. **IF ALL CLASSES REQUESTED ARE AVAILABLE:** WE WILL EMAIL YOU A CONFIRMATION TO CONFIRM THAT &
- b. WE WILL THEN NOTIFY THE BOOKKEEPER TO EXPECT YOUR CALL TO MAKE A PAYMENT. (SEE STEP 3 BELOW.)
- c. **IF WE ARE UNABLE TO CONFIRM THE AVAILABILITY OF ALL CLASSES REQUESTED:** WE WILL EMAIL YOU OF OTHER POSSIBLE CLASS OPENINGS AND AWAIT YOUR REPLY.

3. REGISTRATION PAYMENT: BEGINS 5-1-2024

- a. **PAYMENT:** CONTACT THE BOOKROOM WITHIN THE NEXT BUSINESS DAY OR TWO* TO MAKE PAYMENT. ALL PAYMENTS WILL BE MADE OVER THE PHONE BY CREDIT CARD TO THE HIGH SCHOOL BOOKROOM (330-841-2316 x 2167). *IF THERE IS A WAITING LIST AND YOUR PAYMENT HAS NOT BEEN RECEIVED, WE WILL NO LONGER HOLD YOUR PLACE.

2024 SUMMER SWIM PROGRAM SCHEDULE

Schedule is subject to change based on class enrollments.

PROGRAM DATES		
SESSIONS	DATES	ERD DATES
SUMMER 1	JUNE 10 – JUNE 20	MAY 28
SUMMER 2	JUNE 20 – JULY 3	JUNE 10
SUMMER 3	JULY 8 – JULY 18	JUNE 24
SUMMER 4	JULY 22 – AUG 1	JULY 8

CLASS TIMES	LEVELS	CHECK FLYER PAGE 2 FOR CLASS PRE- REQUISITES.
12:00-12:40	LTS Lev 1 & PreSch	
12:45-1:25	LTS Lev 3 & 4	
1:30-2:10	LTS Lev 1	
2:15-2:55	LTS Lev 2	
3:00-3:40	Preschool	
3:45-4:15	*ISI (private lessons)	

CLASS GROUPS MAY BE MULTI-LEVEL.

BECAUSE OUR CLASS SIZE IS LIMITED AND OUR CLASSES TEND TO FILL EARLY, EARLY REGISTRATION IS ADVISED.

- ALL SESSIONS CONSIST OF 8 40-MINUTE CLASSES* RUNNING FOR 2-WEEKS (MONDAY THRU THURSDAY EACH WEEK).
- THERE ARE NO INDIVIDUAL MAKE-UPS AND NO MAKE-UP SCHEDULED FOR THE CLASSES ON JULY 4*.
- REMEMBER PAYMENTS & FORMS MUST BE RECEIVED BY THE "ERD" DATE IN ORDER TO RECEIVE THE EARLY REGISTRATION \$5/CHILD/SESSION DISCOUNT.
- **SPECIAL DISCOUNT: REGISTER & PAY FOR ALL 4 SESSIONS BY MAY 28TH & SAVE AN ADDITIONAL \$10. ONLY \$150 FOR THE SUMMER!**

***Individual Swim Instruction (ISI)** lessons can be scheduled for individuals who might greatly benefit from one-on-one instruction. The fee for each half-hour lesson is \$20. There is a special rate of \$100 for 6 lessons. (The total payment must be made at one time.) ISI lessons follow the guidelines provided in *GENERAL PROGRAM & REGISTRATION INFORMATION, REFUNDS, CREDITS & MAKE-UPS*. See page 3.



All instruction is provided under the direction of certified American Red Cross Water Safety Instructors.

FOR **QUESTIONS OR MORE INFORMATION** ABOUT THE RED CROSS LEARN-TO-SWIM PROGRAM & OTHER RED CROSS PROGRAMS, CONTACT JAY ROSENTHAL, RC LEARN-TO-SWIM COORDINATOR, WARREN CITY SCHOOLS, JAY.ROSENTHAL@REDCROSS.ORG



LOOKING FOR COMPETITIVE TRAINING & PRACTICE?

★ **WHAT IS WHAT YOU NEED!** "WARREN HARDING AQUATICS TEAM" (WHAT) BEGINNER, INTERMEDIATE & ADVANCED LEVELS - CONTACT HEAD COACH, MICHAEL DAVIDSON, 440-915-1567 OR MIKEDAVIDSON2002@HOTMAIL.COM

Determining the correct class and level for an individual

CLASS	INDIVIDUAL (UNLESS GIVEN PERMISSION) MUST
Individual has not completed Kindergarten,	enroll in a Preschool Aquatics class
Individual is 6 years old,	enroll in a Preschool Aquatics OR a Learn-to-Swim class
Individual is 6 – 14 years old,	enroll in a Learn-to-Swim Aquatic class
Individual is a teen (13 or older) or an adult AND a beginner,	enroll in the Teen & Adult Aquatic class (if/when one is offered)

PREREQUISITES			
LEVEL	SWIM STROKES	WATER SKILLS	
LTS LEVEL 1:	None	None	
LTS LEVEL 2:	<ul style="list-style-type: none"> • Swim 10 feet on front (face in water and taking at least 1 breath while swimming) • Swim 10 feet on back 	<ul style="list-style-type: none"> • 5 bobs • hold breath underwater 5 sec 	<ul style="list-style-type: none"> • back float 5 sec • turn over front to back and back to front
LTS LEVEL 3:	<ul style="list-style-type: none"> • Swim 15 feet on front face in water and rhythmically breathing turning the face to one side at least every other arm cycle • Swim 15 feet on back 	<ul style="list-style-type: none"> • 10 bobs • hold breath underwater 10 sec • back float 15 sec • swim turn over front to back and back to front 	<ul style="list-style-type: none"> • change direction swimming on back and front • tread water 15 sec • jump into chest-deep water & swim to safety
LTS LEVEL 4:	<ul style="list-style-type: none"> • Swim front crawl 15 yards • Swim elementary backstroke 15 yds • Demonstrate breaststroke kick 15 yds • Demonstrate scissors kick 15 yds • Demonstrate dolphin kick on front 15 yds 	<ul style="list-style-type: none"> • Rotary breathing 15 times • front survival float 30 sec 	<ul style="list-style-type: none"> • back float 1 min • tread water 1 min • Sitting and kneeling dives
LTS LEVEL 5:	<ul style="list-style-type: none"> • Swim front crawl 25 yds • Swim elementary backstroke 25 yds • Swim breaststroke 15 yds • Swim butterfly 15 yds • Swim sidestroke 15 yds • Swim back crawl 15 yds 	<ul style="list-style-type: none"> • Underwater swim 12 feet • survival swimming 1 minute • feet-first surface dive 	<ul style="list-style-type: none"> • front and back crawl open turns • tread water 2 minutes • compact and stride position dives
PA LEVEL 3:	<ul style="list-style-type: none"> • See LTS Level 2 	<ul style="list-style-type: none"> • See LTS Level 2 	

Parent & Child Aquatics - Preschool Aquatics - Learn to Swim – Adult Swim Programs

These programs represent the most current programs offered by the Red Cross to teach people water safety and swimming.

American Red Cross **Parent and Child Aquatics** (2 levels) is designed for children between the ages of 6 months and approximately 3 years, and their parents. The purpose of the course is to familiarize children with the water and teach swimming readiness skills. In addition, Red Cross Parent and Child Aquatics provides safety information for parents and teaches parents techniques they can use to help orient their children to the water.

American Red Cross **Preschool Aquatics** (3 levels) is designed for children approximately 4 and 5 years of age. The purpose of the course is to facilitate developmentally appropriate learning of fundamental water safety and aquatic skills

The objectives of the American Red Cross **Learn-to-Swim courses** (6 levels) are to teach children to be safe in, on and around the water and to swim well. Aquatic and personal water safety skills are taught in a logical progression through six levels. Participants in Level 1 are oriented to the aquatic environment and gain some basic skills in each category. As they progress through the levels, participants build on their basic skills to learn and refine various propulsive movements on the front, back and side. On successful completion of Level 3, participants have achieved basic water competency in a pool environment. By the end of Level 6, participants have the prerequisite skills and have developed the necessary skill and fitness levels for entrance into advanced courses, such as Water Safety Instructor and Lifeguarding, or other aquatic activities such as competitive swimming and diving

The American Red Cross **Adult Swim courses** (3 levels) are intended for mature teens and adults wishing to improve their knowledge of, and skill in, the water. Adult Swim offers three options to meet specific needs and interests—Learning the Basics, Improving Skills and Swimming Strokes, and Swimming for Fitness.

If you are unfamiliar with the names of the strokes & skills, check on Google or YouTube.

PLEASE READ ALL THE FOLLOWING IMPORTANT INFORMATION CAREFULLY.

GENERAL PROGRAM & REGISTRATION INFORMATION

CLASS REGISTRATION:

- A SIGNED, AND COMPLETED SPRING REGISTRATION FORM FOR THE CURRENT SCHOOL YEAR (2022-23) IS REQUIRED FOR A STUDENT TO PARTICIPATE IN THE PROGRAM.
- THE REGISTRATION FEE IS A PER PARTICIPANT FEE FOR EACH SESSION TO BE PAID TO COMPLETE REGISTRATION. THE CHILD IS NOT ELIGIBLE TO PARTICIPATE UNTIL REGISTRATION FORM & PAYMENT HAVE BEEN RECEIVED.
- AMPLE REGISTRATION WILL BE NEEDED TO RUN ANY LEVEL. SOME LEVELS MAY BE COMBINED. REGISTERED PARTICIPANTS WILL BE NOTIFIED OF CANCELED OR RESCHEDULED CLASSES. SCHEDULE MAY BE SUBJECT TO CHANGE.
- PRESCHOOL (PA) LESSONS ARE FOR CHILDREN 3 - 6 YEARS OF AGE. A CAREGIVER IN THE WATER WITH EACH CHILD IS RECOMMENDED. LTS LEVELS 1-6 REQUIRE THE PARTICIPANT TO BE AT LEAST 6 YEARS OF AGE AND COMPLETED KINDERGARTEN. (EXCEPTIONS ONLY BY APPROVAL PRIOR TO REGISTRATION.) A CAREGIVER IN THE WATER WITH EACH CHILD IS RECOMMENDED FOR STUDENTS IN LEVELS 1 & 2. INSTRUCTORS MAY MAKE RECOMMENDATIONS RE IN-WATER CAREGIVERS AFTER FIRST CLASS.
- WE REQUEST THAT PARTICIPANTS BE REGISTERED AND PAID PRIOR TO THE FIRST DAY OF EACH SESSION. SPACE IS LIMITED. BY DISCRETION OF THE PROGRAM COORDINATOR, LATE APPLICANTS MAY BE ACCEPTED ONLY IF ROOM IS AVAILABLE. THE PROGRAM COORDINATOR AND INSTRUCTORS RESERVE THE RIGHT TO REASSIGN ANY PARTICIPANT REGISTERED FOR AN INCORRECT LEVEL BASED UPON THE PARTICIPANT'S PERFORMANCE IN THE WATER. IF THE LEVEL IS CLOSED, THE PARTICIPANT WILL RECEIVE A CREDIT FOR A LATER SESSION. PLEASE CHECK THE PREREQUISITES TO BE SURE PARTICIPANTS ARE REGISTERED FOR THE CORRECT LEVEL. NOTE THAT THE PRESCHOOL (PA) AND LEARN TO SWIM (LTS) LEVELS ARE NOT EQUIVALENT. (IE PA LEVEL 1 ≠ LTS LEVEL 1, PA LEVEL 2 ≠ LTS LEVEL 2, PA LEVEL 3 ≠ LTS LEVEL 3.)
- WHILE A REMINDER MAY BE SENT, PARENTS NEED TO BE KNOWLEDGEABLE OF THE SESSION DATES & TIMES FOR WHICH THEIR CHILD IS REGISTERED KNOWING WHEN EACH SESSION BEGINS AND ENDS.

REFUNDS, CREDITS & MAKE-UPS:

- ANY REFUNDS, IF REQUIRED DUE TO CANCELLATION BY WARREN CITY SCHOOLS, WILL BE ISSUED AS A CREDIT. NO INDIVIDUAL MAKEUPS WILL BE SCHEDULED. REGISTRATION FEES CANNOT BE "PRORATED" TO ACCOMMODATE MISSED CLASSES DUE TO ILLNESS, VACATIONS, ETC. PARTICIPANTS REGISTERED FOR AN INCORRECT LEVEL WHO CANNOT BE ACCOMMODATED WILL RECEIVE A CREDIT.
- MAKEUPS FOR ANY CLASSES WHICH ARE CANCELED DUE TO THE SCHOOL CLOSING OR FOR THE POOL'S UNAVAILABILITY MAY NOT BE SCHEDULED.

ARRIVAL:

- ALL CLASSES WILL BE HELD AT THE WARREN G. HARDING NATATORIUM, 860 ELM ROAD NE, WARREN OH 44483. ENTER THROUGH THE DESIGNATED DOOR & FOLLOW THE SIGNAGE TO THE POOL.
- PLAN TO ARRIVE 5-10 MINUTES BEFORE THE CLASS IS SCHEDULED TO START. NOTE: ENTERING THE BUILDING MAY NOT BE POSSIBLE IF YOU ARRIVE AFTER THE CLASS HAS STARTED.
- LOCKER ROOMS WILL BE AVAILABLE FOR CHANGING AND TOILETING, IF NEEDED. IT IS RECOMMENDED TO WEAR A SWIMSUIT TO CLASS & USE THE TOILETS.

READY FOR LESSONS:

- PARTICIPANTS MUST REMAIN WITH THEIR "FAMILY GROUP" UNTIL CALLED FOR LESSONS.
- A SNUG-FITTING T-SHIRT OR RASH-GUARD SHIRT MAY BE WORN IF THE PARTICIPANT IS COLD IN THE WATER.
- PARTICIPANTS SHOULD NOT WEAR "WATER-SHOES" DURING LESSONS AS A CORRECT KICK WILL BE DIFFICULT TO ACCOMPLISH.
- GOGGLES (COVERING ONLY THE EYES) MAY BE WORN DURING LESSONS, BUT NO FACE-MASKS (COVERING NOSE AND EYES) ARE PERMITTED.

SOME GENERAL POOL RULES FOR PARTICIPANTS & FAMILY MEMBERS:

- REMAIN AWAY FROM THE WATER (POOL) UNTIL INSTRUCTED TO ENTER.
- DO NOT RUN. DO NOT WALK OR STAND ON THE METAL BENCHES OR BLEACHERS. DO NOT PLAY ON THE HANDRAILS BY THE GLASS DOORS, IN THE STANDS OR BY THE LOCKER ROOMS. NO OBJECTS IN MOUTH SUCH AS CANDY, GUM, ETC. WHEN ENTERING THE POOL.

NOTE: PARENTS ARE RESPONSIBLE TO SUPERVISE THEIR CHILDREN UNLESS CHILD IS WITH AN INSTRUCTOR IN CLASS.

Confirmation #
SU24-

Registration Form for Warren City Schools American Red Cross Learn-To-Swim Program **Summer 2024**

Returning	
New	

PLEASE COMPLETE ONE FORM FOR EACH INDIVIDUAL ENROLLED

★PLEASE PRINT ALL INFORMATION CLEARLY.★

STUDENT NAME						
	LAST NAME	FIRST NAME	BIRTHDATE	AGE	SEX	GRADE 24-25 SCHYR
ADDRESS						
	HOUSE NUMBER & STREET	CITY	ST	ZIP	SCHOOL NAME-FALL 2024	
PARENTS' NAMES						
	LAST NAME	FIRST NAMES	PRIMARY (CELL) PHONE		ALTERNATE PHONE	
EMAIL				EMAIL NAME (RELATION)		
EMERGENCY CONTACT						
	LAST NAME	FIRST NAME	RELATIONSHIP	PHONE		

MEDICAL & SPECIAL NEEDS INFORMATION: DO NOT LEAVE BLANK.

DOES THE PARTICIPANT HAVE ANY MEDICAL OR LEARNING CONDITIONS OF WHICH THE INSTRUCTORS SHOULD BE AWARE? (ADHD, AUTISM, ASTHMA, SEIZURES, ETC.)

CHECK ONE: NO YES. IF YES, PLEASE EXPLAIN:

PARTICIPANTS INCLUDE: CHILD ALONE CHILD & IN-WATER CAREGIVER **DO NOT LEAVE BLANK.**

A PARENT OR LEGAL GUARDIAN'S SIGNATURE IS REQUIRED FOR ALL PARTICIPANTS LESS THAN 18 YEARS OF AGE.

I CERTIFY THAT I HAVE READ ALL INFORMATION IN THIS 4 PAGE REGISTRATION DOCUMENT COMPLETELY. I CERTIFY THAT PARTICIPANT IS PHYSICALLY ABLE TO TAKE SWIMMING LESSONS AND I AGREE TO ABIDE BY THE RULES AND REGULATIONS OF THE FACILITY OF INSTRUCTION. I CERTIFY THAT PARTICIPANT FALLS WITHIN THE CORRECT AGE CATEGORY FOR THE PROGRAM IN WHICH HE/SHE IS REGISTERED. I WILL NOT HOLD THE WARREN CITY SCHOOLS, AMERICAN RED CROSS OR THE AQUATIC PERSONNEL RESPONSIBLE FOR ACCIDENTS, INJURIES OR ILLNESSES THAT MIGHT OCCUR TO ME OR MY CHILD.

SIGNATURE PARTICIPANT/ PARENT/GUARDIAN: _____

DIRECTIONS FOR COMPLETING REGISTRATION:

- #1 Indicate the appropriate session(s) listed below.
- #2 Indicate the correct level SEE: *Determining the correct class and level for an individual. (Page 2)* Check that level below.
- #3 Email the completed & signed form to jay.rosenthal@redcross.org for confirmation.
- #4 Once confirmed, make payment. (See page1 "Final Registration")

#1: SESSION REGISTRATION –				#2 LEVEL REGISTRATION – CHOOSE 1 - - - - - OR – CHOOSE 1					
CHOOSE AT LEAST 1									
SESSION	DAYS	DATES	↓	LEARN TO SWIM		↓			↓
SU1	MON-THU	JUNE 10– JUNE 20	<input type="checkbox"/>	Preschool (A)	12:00-12:40	<input type="checkbox"/>	Preschool (B)	3:00-3:40	<input type="checkbox"/>
SU2	MON-THU	JUNE 24 – JULY 3	<input type="checkbox"/>	LTS LEVEL 1 (A)	12:00-12:40	<input type="checkbox"/>	LTS LEVEL 1 (B)	1:30-2:10	<input type="checkbox"/>
SU3	MON-THU	JULY 8 – JULY 18	<input type="checkbox"/>	LTS LEVEL 2	2:15-2:55	<input type="checkbox"/>	LTS LEV 3	12:45-1:25	<input type="checkbox"/>
SU4	MON-THU	JULY 22 – AUG 1	<input type="checkbox"/>	LTS LEVEL 4	12:45-1:25	<input type="checkbox"/>	ISI (Private Lessons)	3:45-4:15	<input type="checkbox"/>

##: ISI REGISTRATION - CIRCLE THE DATES REQUESTED IF CHOSING ISI LESSONS (PRIVATE LESSONS)									AMPLE REGISTRATION WILL BE NEEDED TO RUN ANY LEVEL. SOME LEVELS MAY BE COMBINED. REGISTERED PARTICIPANTS WILL BE NOTIFIED OF CANCELED OR RESCHEDULED CLASSES. SCHEDULE MAY BE SUBJECT TO CHANGE.
MONDAY	06/10	06/17	06/24	07/01	07/08	07/15	07/22	07/29	
TUESDAY	06/11	06/18	06/25	07/02	07/09	07/16	07/23	07/30	
WEDNESDAY	06/12	06/19	06/26	07/03	07/10	07/17	07/24	07/31	
THURSDAY	06/13	06/20	06/27	HOLIDAY	07/11	07/18	07/25	08/01	

Did you complete all the required information? Did you sign the form?
REMEMBER PAYMENT & FORM MUST BE RECEIVED BY THE DEADLINES INDICATED FOR DISCOUNTED FEES. SEE "SPECIAL" REGISTRATION SAVINGS on page 1.