



Counselor's Corner - May 2023

School Counselor Grades 5-8

Mrs. Eleanna Vlahos-Hall (Mrs. V) (330) 675-6960 x6232

Eleanna.vlahos-hall@neomin.org

Remind@2k62bg



NATIONAL Screen Free Week May 1-7th

HOW TO OBSERVE #ScreenFreeWeek

Screen-Free Week is celebrated every year in the first week of May and takes place from May 1 to 7 this year. This week, celebrated all over the world, is an invitation for everyone — children, adults, and entire communities — to switch off completely from staring at screens and take a well-deserved break.

WHAT'S HAPPENING IN THE CLASSROOM?

Last month...

Grade 5 completed Unit 5 (Problem Solving) in their 4 R's Curriculum for SEL and were introduced to self-led SEL work. Unit 6 (Celebrating Diversity & Countering Prejudice) will be introduced. Grades 6-8 Men of Distinction Mentor Program completed their Zulu Boxing sessions. Limitless Ambition began lessons empowering girls in grades 7 & 8. 8th grade students visited WGH as a quick visit to prepare for their transition to high school.

This month...

Grades 5-8 will complete any testing make ups.
 Grade 5 – will continue Unit 6 (Celebrating Diversity & Countering Prejudice) while integrating aspects of Unit 7 (Making a Difference)
 Grades 6-8 will complete Unit 4 (Managing Relationships and Social Conflict).
 Grades 6-8 Men of Distinction will be hosting their Recognition Dinner to celebrate all their success this school year.
 Grade 8 will be participating in a transition to high school breakfast celebration on May 26th.
 Grades 6-8 Heart & Sole Team will participate in their 5K celebration in Akron on May 13th.

Top Counselor Picks: Click, Open, and GO!

[Akron Children's School](#)

[Based Health](#)

This link provides information regarding our in school health services through Akron Children's Hospital.

[Trumbull County Mental](#)

[Health Resources](#)

This link provides resources for a variety of emergency and nonemergency services within our community.

[Great Fun at the Library!](#)

This link takes you to the many things happening at our Warren Public Library!



Parent Tips: How to Help Teens When They Make Bad Choices

- Teenage brains are still developing.
- The part of the brain that controls how teens react to situations is the last part to develop.
- It's normal for teenagers to make poor choices.
- Let them know you are there for them if they make a mistake.
- If your teen is doing something that could harm themselves or others, talk to a professional.

1. **Connect and Listen**
 2. **Encourage your teen to stop and think**
 3. **Be aware of your teen's big events**
 4. **Establish rules and routines**
 5. **Encourage Them**
 6. **Use Mistakes as Learning Opportunities**
- Make sure they are safe!**